



RAINBOW FLATBREAD SANDWICH

We recently published a recipe from [Green Kitchen At Home](#) for Rainbow flatbreads and discovered they make a super tasty sandwich. Here we have a filling of avocado, spinach, grated beetroot, sunflower sprouts, mayonaise and cracked pepper.

Simple, delicious, light and healthy. Enjoy.

Ingredients:

2 pieces of rainbow flatbread

1/4 of a ripe avocado

A handful of fresh baby spinach

2 tablespoons grated beetroot

Small handful of sunflower sprouts

Mayonnaise for spreading and freshly cracked black pepper

Method:

Layer your ingredient fillings onto a slice of rainbow flatbread. Season with black pepper and seal. Enjoy!

Gluten Free | Dairy Free | Refined Sugar Free